

Fort Wainwright

Ongoing

This Week

Free meal

Child, Youth and School Services' School Age Services is participating in the U.S. Department of Agriculture Summer Food Services Program.

Meals will be available to all children in grades kindergarten through 6 who are registered with CYSS at no charge. This program will run through August 15 between the hours of 8 and 11:30 a.m.

For more information, call 361-9051.

Play with the kids

The Last Frontier Community Center hosts Army Community Service Play Morning every Tuesday from 9:30 to 11:30 a.m. Children can enjoy developmentally appropriate activities including play time, crafts, singing and more.

A copy of current shot records are required to participate.

For more information, call 353-7515 or 353-4345.

Providers needed

Are you looking to make a difference in your community and make extra money? Child, Youth and School Services is hiring child care providers.

For more information, call 353-9505.

This Week

SATURDAY

Free boat race

There is free Scanoie Race at Otter Lake from 2 to 3 p.m. The winner will receive a free boat rental at Otter Lake.

For more information, call 384-1475.

TUESDAY

Tee it up

Intramural Golf at the Moose Run Golf Course starts today and runs through August 18. First tee time is 2:04 p.m. Teams are already established but there is room for individual golfers.

For more information, call 384-1304.

Looking for work?

Employment Readiness is having two classes in Building 600, Room A112; one on Civilian Resume Process on Alexsys at 3 p.m. and From Pink Slip to Paycheck at 4:30 p.m. Repeat classes are on June 25.

RSVP via e-mail to mike.spann@us.army.mil or call 384-6716.

WEDNESDAY

Welcome to Fort Rich

Newcomers orientation for open for all Soldiers and families. This is a great way to gather information and meet new people. This is a requirement for all incoming Soldiers. Spouses are highly encouraged to attend. Free child care is available by calling 384-7483. Orientation is in the Education Center, Building 7, Lecture Hall from 9 a.m. to 5 p.m. For more information, call 384-1515.

Managing your hours

Army Community Service is

SATURDAY

Run for fun

The first Family and Morale, Welfare and Recreation 5k starts at The Zone. Registration begins at 9 a.m. and the race will start at 10 a.m. Walk, run or jog, but bring the whole family for the fun. T-shirts will be given to the first 150 participants.

For more information, call 353-7223.

Party on the block

The Zone and Better Opportunities for Single Soldiers are co-hosting a Block Party and Car Show from 11 a.m. to 4 p.m. at Building 3205. This free family event will offer door prizes, an adult and youth basketball tournament, climbing wall, bouncy huts, face painting, and cars and motorcycles of all types.

For more information, call 353-1087.

See Alaska by bike

See some rugged Alaskan trails by mountain bike from 8 a.m. to 5 p.m. on a Mountain Biking Excursion with Outdoor Recreation Center staff. ORC will transport equipment and participants to a wilderness trail for the day. There is a \$25 fee if participant needs equipment and \$15 for those who have their own gear.

For more information, call 361-2652.

Fort Richardson

hosting a Volunteer Management Information System Training course in Building 600, Room A112, at 3 p.m. and June 24.

For more information, e-mail mike.spann@us.army.mil or call 384-6716.

Get your groove on

Join the craze at Buckner Physical Fitness Center. Zumba Fitness is a dance-based fitness program. Classes are Wednesday from 6 to 6:50 p.m.

For more information, call 384-1305 or 1308.

THURSDAY

Managing your green

Financial Readiness Program is offering a First Termers Financial class in Building 600, Room A18, from 9 a.m. to 5 p.m. This brief provides an overview of financial topics to help the newest Soldiers understand their personal finances.

Call 384-7509 for more information.

Roll the dice

Come to Indulgence Night. It's Bunco time at the Arctic Chill, in the basement of Building 655. Sign up starts at 5 p.m., play starts at 6 p.m.

Participants must be 18 years or older to play.

For more information, call 384-7619.

Looking for work

Employment Readiness Program is offering a Federal Resume Workshop at 10 a.m. and Interviewing: Your Key to Employment class at 11:30 a.m. in Building 600.

To register, contact Mike Spann by e-mail mike.spann@us.army.mil or by phone at 384-6716.

Summer fun for EFMP

Exceptional Family Member

SUNDAY

Climb high

Pack your gear and head out with Outdoor Recreation Center staff for rock climbing at either Granite Tors or Grapefruit Rocks from 8 a.m. to 5 p.m. Program is for those ages 14 and over and provides necessary equipment plus transportation to site for a \$55 fee.

To register, call 361-6349.

MONDAY

Bracelets and more

Join SkiesUnlimited staff and learn how to make jewelry beginning at 4:30 p.m. at School Age Services, Building 4391. The workshop is free and open to youth 3 to 18 who are registered with Child, Youth and School Services. Pre-registration is required to attend.

Call 353-7713 for information.

TUESDAY

Make the move

Let Army Community Service's Relocation and Financial Readiness Programs help you move to your next installation without the stressors. A Smooth Move workshop will be offered at 1 p.m. at the Welcome Center, Building 3401.

To register, call 353-7908.

Kids and reunion

Army Community Service's Reunion and Reintegration Program is offering a workshop on Kids and

Reunion at the Welcome Center, Building 3401 beginning at 1 p.m. Discussion will focus on how children react to reunion and understanding the excitement and stress that accompanies homecoming.

For more information, call 353-4332.

THURSDAY

Vehicle maintenance

Learn how to keep your vehicle running smooth by taking the Car Care class being offered by the Auto Skills Center. The class begins at 6 p.m. and will cover topics such as oil changes, air filters, tire pressure, fluids and wiper replacement.

Call 353-7436 for information.

Parenting by the steps

Army Community Service is hosting a His, Hers and Theirs Step Parenting Class from 6:30 to 8 p.m. at the Welcome Center, Building 3401. Training provides tips on blending successfully and establishing consistent boundaries for healthy relationships between parents and children.

Call 353-4332 for information.

FRIDAY

Final day

Youth Sports Outdoor Soccer registration ends at 5 p.m. If you have a child who would like to play, call 353-7713 for information.

Program will discuss summer recreation programs in Building 600, Room A-37, from 11:45 a.m. to 12:45 p.m. Information covered will include camping, sporting activities and common recreating hazards and how to avoid them.

For more information, call 384-0225.

Upcoming

JUNE 13

Paint the BOSS

Come join the Better Opportunities for Single Soldiers for a paintball war at the Warrior Xtreme Paintball Course at upper Otter Lake Park at noon.

Call 384-9023 for information.

JUNE 13 AND 14

Fish on

Come and join Outdoor Recreation on its guided Alaska salmon fishing trip. The cost is \$95 per

person and you must be 18 years old or old.

The fee includes transportation, fishing pole and waders. Bring your own tackle, rain gear and lunch. Meet at Outdoor Recreation, Building 794, at 4 a.m. to pick up equipment.

This trip is offered again June 20 and 21.

Call 384-1475 for information.

JUNE 22 TO JULY 31

Summer reading

Kids of all ages come "Celebrate Alaska" at the Fort Richardson Consolidated Library for a weekly reading program from June 22 through July 31. There are three separate programs: pre-readers, readers and teens. Win great prizes by reading. Registration begins June 22 in Building 7, Monday through Friday from 7:30 a.m. to 10:30 p.m. or Saturday from 8:30 a.m. to 4 p.m.

For more information, call 384-1640.



Courtesy photo

Fish stories

Come and join Outdoor Recreation on its guided Alaska salmon fishing trip June 13 to 14 or June 21 to 22. The cost is \$95 per person and you must be 18 years old or old. Call 384-1475 for more information.