

Ongoing

No Alaska Post delivery

All Fort Richardson housing residents should receive a copy of the *Alaska Post* every Friday. If you do not receive a paper by 4 p.m. Friday, please call 384-2546 or e-mail alaskapost@richardson.army.mil. Please provide contact information and address.

This Week

TOMORROW

35th Arctic Valley Run

The 35th Arctic Valley Run begins at the Moose Run Driving Range, Arctic Valley Road, 9 a.m., for a five-mile, or 12.6-mile run.

Pre-registration is accepted at Buckner Physical Fitness Center, Monday through Friday, 9 a.m. to 4 p.m. through close of business June 5.

Entry Fee is \$20 same-day registration without a T-shirt or \$35 with a T-shirt. Military team members pay \$15 with a T-shirt or free without a T-shirt.

Call 384-1304 for more information.

TOMORROW AND SUNDAY Free fun for families

Golden Wheel Amusements Free Carnival for families of deployed Soldiers is coming to Fort Richardson June 6 from 11 a.m. to 8 p.m., and June 7 from noon to 6 p.m. at Check Point Pride.

Participants can park across the street in the Buckner Physical Fitness Center overflow area.

Call 384-2261 for more information.

MONDAY THROUGH FRIDAY Crocodile Dock

Vacation Bible School on Fort Richardson is from 9 a.m. to noon each day in the Post Chapel. Sign-up is ongoing now in the Post Chapel office. The program this year is called "Crocodile Dock."

Vacation Bible School is open to all children from kindergarten through the completion 5th grade from the Fort Richardson community. There is also a need for teen and adult volunteers.

On the last day, there will be a barbeque cookout at the chapel after the program.

Call 384-1461 for information.

MONDAY THOUGH JULY 19 Boniface Gate closure

Elmendorf Air Force Base's Boniface Gate will close for outbound traffic so a crash beam can be installed. Patrons will need to exit through a different gate during this time.

Elmendorf officials have said Post Road Gate will reopen by then and the Muldoon Gate will open 24 hours a day while the Boniface Gate is closed.

Call Air Force Staff Sgt. John Clements at 227-7628 or Hazim Yunis at 552-3079 for information.

Upcoming

JUNE 12

Thanks to the military

The Anchorage Chamber of Commerce shows its appreciation to military members and their families with a Military Appreciation Picnic today from 11 a.m. to 2 p.m. on both Fort Richardson and Elmendorf Air Force Base.

The picnic on Fort Richardson is behind the Buckner Physical Fitness Center. At Elmendorf, the picnic is at Paxton Park, near the Government Hill Gate.

The picnics are free for military members and their families.

The Anchorage Chamber works closely with other organizations to provide a variety of family fun activities during the afternoon of the picnics, such as competitive sporting events for the adults and face painting and bouncy houses for the kids.

Let's get physical

The 3rd Medical Group is offering

a limited number of school, camp and sports physicals during Arctic Warrior Olympics at Paxton Park.

The physicals are offered from 9 a.m. to 3 p.m. and are available on a first-come, first-served basis. All military dependents 4 through 16 years old are eligible.

Bring military ID and immunizations record for each child, as vaccinations are also available. Additional paperwork will not be completed at this appointment.

A copy of the physical forms will be available for parents to pick up after June 16th at the Pediatric Clinic.

Additional physical days will be available in Family Health Clinic on June 11, July 9, Aug. 6 and Sept. 10.

JUNE 15 AND 16

Happy Hour at Fort Rich

Bernie McGrenahan is taking military bases across by storm with his Happy Hour program.

This program is a 30-minute stand-up comedy show where he segues into the dangers and risks of alcohol, drug abuse, and sexual assault and harassment.

McGrenahan has three scheduled performances: June 15 at 10 a.m. and 1 p.m. and June 16 at 1 p.m. All performances are at the Post Theater.

Call 384-1418 for more information.

JUNE 26

Get your links on

The 381th Intelligence Squadron Top 3 is hosting a golf tournament at the Eagle Glen Golf Course. The tournament is open to all military, civilians and dependents.

Shotgun start time is 7 a.m. and price will include green fees, carts, barbeque lunch and ticket for door prizes. Fees are: \$55 for E-1 to E-4, \$65 for E-5 to O-5, \$70 for retirees and Department of Defense civilians, and \$85 for civilian guests.

There are two divisions: competitive and non-competitive.

For more information or to sign up contact Air Force Master Sgt.

Chad Griffith at 551-0076, or Air Force Master Sgt. Bob LeCates at 552-5632. You can also e-mail at chad.griffith@elmendorf.af.mil or robert.lecates@elmendorf.af.mil.

Births

MAY 25

A daughter, Ariana Lee, was born to Michelle and Spc. Michael Smith, C Company, 84th Engineer Battalion.

MAY 26

A son, Ari Kai, was born to Debi and 1st Sgt. Frank Rael, HHC, 4th Brigade Combat Team (Airborne), 25th Infantry Division.

MAY 27

A daughter, Allison Ann Arlene Kowaleski, was born to Christopher Kowaleski and Spc. Stephanie Cokeley, 62nd Transportation Company.

A son, Wesley Alexander, was born to Mary and Sgt. Ben Hodge, 725th Brigade Support Battalion.

MAY 28

A son, Larry Charles Yingling III, was born to Liberty and Spc. Larry Yingling Jr., Warrior Transition Battalion.

MAY 29

A son, Dallas James, was born to Staff Sgt. Stephanie Johnson, Arctic Military Police Battalion; and Staff Sgt. Carl Johnson III, 98th Maintenance Battalion.

MAY 30

A daughter, Autumn Elizabeth Worby, was born to Ryan Worby and Cpl. Samantha Boucher, 164th Military Police Company.

JUNE 1

A daughter, Ashlynn Marie, was born to Spc. Jessica Mathis, Arctic Military Police Battalion; and Sgt. Russell Mathis, 164th Military Police Company.

Editor's Note: Births are published in the order they are received.



file photo

Serving those who serve

Anchorage Chamber of Commerce members Dick Stallone and Sean Kenney grill up some of the hundreds of hamburgers served to Fort Richardson's Soldiers, family members and civilian employees at the 2008 Military Appreciation Picnic. The Chamber is hosting its annual Military Appreciation Picnic June 12 from 11:30 a.m. to 2 p.m. behind the Buckner Physical Fitness Center. All military members and their families are invited out for free food and fun.

Movies
at the
Post
Theater
Building 2 on
Richardson Drive.

Today,
7 p.m.
Fighting
(PG-13)

Saturday,
7 p.m.
Hannah
Montana:
The Movie (G)

Sunday,
6 p.m.
State of Play
(PG-13)