

## Fort Wainwright

### Ongoing

#### It's live and online

The Fort Wainwright Family and Morale, Welfare and Recreation Web site is up and running with all new information for your convenience. Current events, contact information and program overviews are available at [www.ftwainwright-fmwr.com](http://www.ftwainwright-fmwr.com).

Call 353-6725 for more information.

#### Read for prizes

The Post Library is providing youth in preschool through 12th grade the opportunity to win prizes through their Summer Reading Program. Sign up at the library, Building 3700, Tuesday through Saturday from 11 a.m. to 7 p.m.

Call 353-2642 for more information.

#### Be a BOSS

Better Opportunities for Single Soldiers offers a discount card to its members to receive discounts at different facilities on post. Stop by The Zone during normal operating hours to sign up for your card.

Call 353-1087 for more information.

### This Week

#### SATURDAY

#### Hike the granite

The Outdoor Recreation staff is

offering a Granite Tors hike for ages 14 and up beginning at 8 a.m. The trail is a 15-mile loop with elevation gains. Bring your camera to capture the wildlife and scenic views. Participants must supply their own food and beverages.

The tour is \$20 and includes an ORC staff leader and transportation to and from the site.

Call 361-2652 for more information.

#### SUNDAY

#### Solstice tour

Watch the sun dance across the sky, never dipping below the horizon on the longest day of the year from a great vantage point.

Outdoor Recreation is offering a tour to Eagle Summit from 8:30 p.m. to 5:30 a.m. for all ages.

Fees, which include round trip transportation, lunch and a certificate, are \$25 for those 12 and under and \$45 for those older than 12.

Call 361-4089 for more information.

#### MONDAY

#### Sweet tweet

SKIES*Unlimited* is offering a Fiber Arts Workshop to create Sweet Tweet Birds for youth 3 to 18 today from 4:30 to 6:30 p.m.

A \$2 fee includes instruction and materials. Youth must be registered with Child, Youth and School Services and preregister for this activity.

Call 353-7713 for more information.

#### TUESDAY

#### Avoid conflict

Army Community Service is offering a Making Marriage Work After Combat workshop today beginning at 1 p.m. at the Welcome Center, Building 3401.

Discussion involves potential conflicts and possible difficulties in transitioning back to old roles.

Call 353-4332 for more information.

#### Prepare your kids

Kids and Reunion, a class focused on how children react to reunion and understanding the excitement and stress that accompanies homecoming will be offered today starting at 6:30 p.m. at the Welcome Center, Building 3401.

Call 353-4332 for more information.

#### WEDNESDAY

#### A penny saved

Plan for the future and learn how your money can work for you with this Savings and Investing workshop offered by Financial Readiness today at the Welcome Center, Building 3401, from 9:30 to 11 a.m.

Call 353-7438 to register.

#### Playtime

Child, Youth and School Services is offering a Deployment Playgroup for Parents and Children today from 10 a.m. to noon at Melaven Gym. The group is for children ages 0 to 5 and is free.

Call 353-7372 for more information.

#### Be effective

Army Community Service is presenting 7 Habits of Highly Effective Military Families at the Welcome Center, Building 3401, from 1 to 2:30 p.m. The presentation will discuss building firm family relationships with combined energy, talent, desire, vision and focus for each family member.

Call 353-4332 for more information.

### Upcoming

#### JUNE 28

#### Shoot for fun

The Dave Fischer Skeet and Trap Range is hosting a Fun Shoot beginning at 1 p.m. Scoring is based on the Lewis Class System, so everyone has an equal chance to win. Beginners are welcome. Many game choices will be included and food will be available for purchase.

Call 353-7689 for information.

#### JUNE 30

#### Grab your board

Youth Services is hosting a Skate Boarding Clinic beginning at 2 p.m. for youth in grades 7 through 12. The event is free and civilian guests are welcome. A permission slip must be filled out prior to the event.

Call 361-5437 for information.

## Fort Richardson

### Ongoing

#### TUESDAYS

#### Make a big splash

New Parent Support Program is making a big splash with Aqua Play every Tuesday. This group is for children 6 months to school age. You and your baby will have a wet and wild time. Meet at the Buckner Physical Fitness Center Pool from 10 to 11:30 a.m.

Call 384-7506 for information.

#### WEDNESDAYS

#### Dance until you drop

Join Chante' Franco and have a dancing good workout with Zumba Fitness. This free class is held every Wednesday at Buckner Physical Fitness Center from 6 to 6:50 p.m.

Call 384-1305 for information.

#### THURSDAYS AND SATURDAYS

#### Wood safety first

Arts and Crafts Center is offering a Woodshop Safety Class every Thursday, 6:30 p.m. and Saturday, 10:30 a.m. Learn about woodworking equipment and how to use it safely. Arts and Crafts Center is located in Building 755.

Call 384-3717 for more information.

### This Week

#### SATURDAY

#### Climb to the top

Better Opportunities for Single Soldiers is offering a guided ice climbing trip. Cost is \$100 per person. Transportation is provided, bring food and water. Meet at the Warrior Zone, Building 655, at 7 a.m.

Call 384-9023 for information.

#### Paddles at the ready

Otter Lake is having a free paddle boat race at Otter Lake Park 2 to 3 p.m. Winner receives a free boat rental at Otter Lake.

Call 384-1475 for information.

#### Pets, people and fun

Buckner Physical Fitness Center is holding a Pet Fun Run/Walk on the Dyea Ski Trails at 9:45 a.m. Pets must be on a leash and have up to date vaccinations. Strollers not advised on trail.

Call 384-1311 for information.

#### Catch of the day

Outdoor Recreation is having a guided salmon fishing trip today and tomorrow. Cost is \$95 per person. Trip is open to adult's age 18 years and older. Transportation, fishing pole and waders are provided. Bring tackle, rain gear and lunch. Meet at Outdoor Recreation, Building 794, 4 a.m.

Call 384-1475 for information.

#### MONDAY

#### 'Celebrate Alaska'

Fort Richardson Consolidated Library is holding a Summer Reading Club today through July 31. Win great prizes by reading. Programs are: pre-readers, readers and teens. To register go to Building 7, Monday through Friday from 7:30 a.m. to 10:30 p.m. or Saturday from 8:30 a.m. to 4 p.m.

Call 384-1640 for more information.

#### WEDNESDAY

#### Fort Rich welcomes you

Relocation Readiness Program is holding a newcomers orientation for

Soldiers and families.

This is a great way to gather information and meet new people. This class is a requirement for all incoming Soldiers.

Spouses are highly encouraged to attend. Free child care is available by calling 384-7483. The orientation is in the Community Education Complex Lecture Hall, in Building 7, from 9 a.m. to 5 p.m.

Call 384-1515 for information.

#### Learn the Army way

Army Family Team Building is offering Level 1 class today and tomorrow. AFTB mission is to educate the family in the Army way of life.

Classes are in Building 600, Room A37, from 9 to 2 p.m.

Call 384-1513 for more information.

#### THURSDAY

#### Managing your money

Financial Readiness Program is having a course for "First Termers."

This course provides an overview of financial topics: budget development to check book management.

The class is held in Building 600, Room A18, from 9 a.m. to 5 p.m.

Call 384-7509 for more information.

### Upcoming

#### JUNE 26

#### Exercise fun

Join the Buckner Physical Fitness Center staff for their Friday fun day mountain bike workout.

Exercisers will meet at Buckner Physical Fitness Center from 11:45 a.m. to 12:30 p.m.

Call 384-1305 for information.

#### JUNE 27

#### Ride in Paradise

Join Better Opportunities for Single Soldiers for a wild wet guided white water rafting trip.

The cost is \$50 per person. Bring food, camera and warm clothes. Meet at the Warrior Zone, Building 655, at 7 a.m.

Call 384-9023 for more information.

#### JUNE 28

#### Ride on

Outdoor Recreation is offering a guided ATV trip to Eklutna. The cost is \$100 per person open to ages 16 years or older with a valid license. The trip includes ATV, safety gear, and transportation. Bring lunch, beverages and rain gear. Meet at Outdoor Recreation, Building 794, at 8 a.m.

Call 384-1475 for more information.

#### JUNE 29

#### Dust off those Boots

Youth Outdoor Adventure Program is holding a Family guided hiking trip to Hatchers Pass. Cost is \$5 per person. Register with Child, Youth and School Services Central Registration in Building 600, Room 142 from 8 a.m. to 5 p.m.

Call 384-7483 for more information.

#### JUNE 30

#### Put on your crampons

Youth Outdoor Adventure Program is holding a Family guided rock climbing trip. Cost is \$5 per person. Register with Child, Youth and School Services Central Registration in Building 600, Room 142 from 8 a.m. to 5 p.m. Call 384-7483 for more information.