Walk to Afghanistan/Iraq
Exercise Log

March 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NAME:_____

Team Name:

_____

Total miles this month:_____

Date turned in:_____

Goals this month:

U.S. ARMY MWR FOR ALL OF YOUR LIFE